# SAVE A LIFE!

## JOIN THE STEM CELL DONOR REGISTRY

# WHAT IS THE AUSTRALIAN BONE MARROW DONOR REGISTRY (ABMDR)?

• Many people who have a blood cancer or other type of blood disorder rely on having a bone marrow transplant, also known as a stem cell transplant as their chance for a cure. This means they need to find a stem cell match.

• The Australian Bone Marrow Donor Registry (ABMDR/blood stem cell registry) is a register that people voluntarily join, so doctors can search for lifesaving stem cell matches for cancer patients.

### HOW TO JOIN THE AUSTRALIAN BONE MARROW DONOR REGISTRY

Joining is easy and free - simply swab your cheek and your saliva sample will be tested and added to The Registry!

#### 1. Order your cheek swab kit online: www.urthecure.com.au/swab



**2. Once your kit arrives in the mail, swab your cheek.** Fill in the forms and mail it back to The Registry.

#### We need people to join who are:

- Aged 18 to 30 (up to 35 OK)
- Have a culturally diverse background
- Young males

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#### PEOPLE FROM CULTURALLY DIVERSE BACKGROUNDS ARE NEEDED TO JOIN

• A patient is more likely to find their match with someone who shares a similar cultural or indigenous heritage as them.

• There are not enough people from culturally diverse backgrounds registered as potential donors which makes it extremely difficult for patients with a diverse background to find their lifesaving match.

• Over 81% of potential donors registered on The Registry have a North Caucasian background. The rest of the groups such as Asian, Italian, Middle Eastern & more have as little as 0.5% to 4% representation.



## WHAT HAPPENS IF YOU'RE A MATCH & ASKED TO DONATE YOUR STEM CELLS?

• Only 1 in 1500 Australians are a match in any given year.

• Donating your stem cells is made easy these days and is not as scary as it sounds!

• 90% of the time donating stem cells is like giving blood.

• For more information about what's involved during the donation process please visit our website.





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